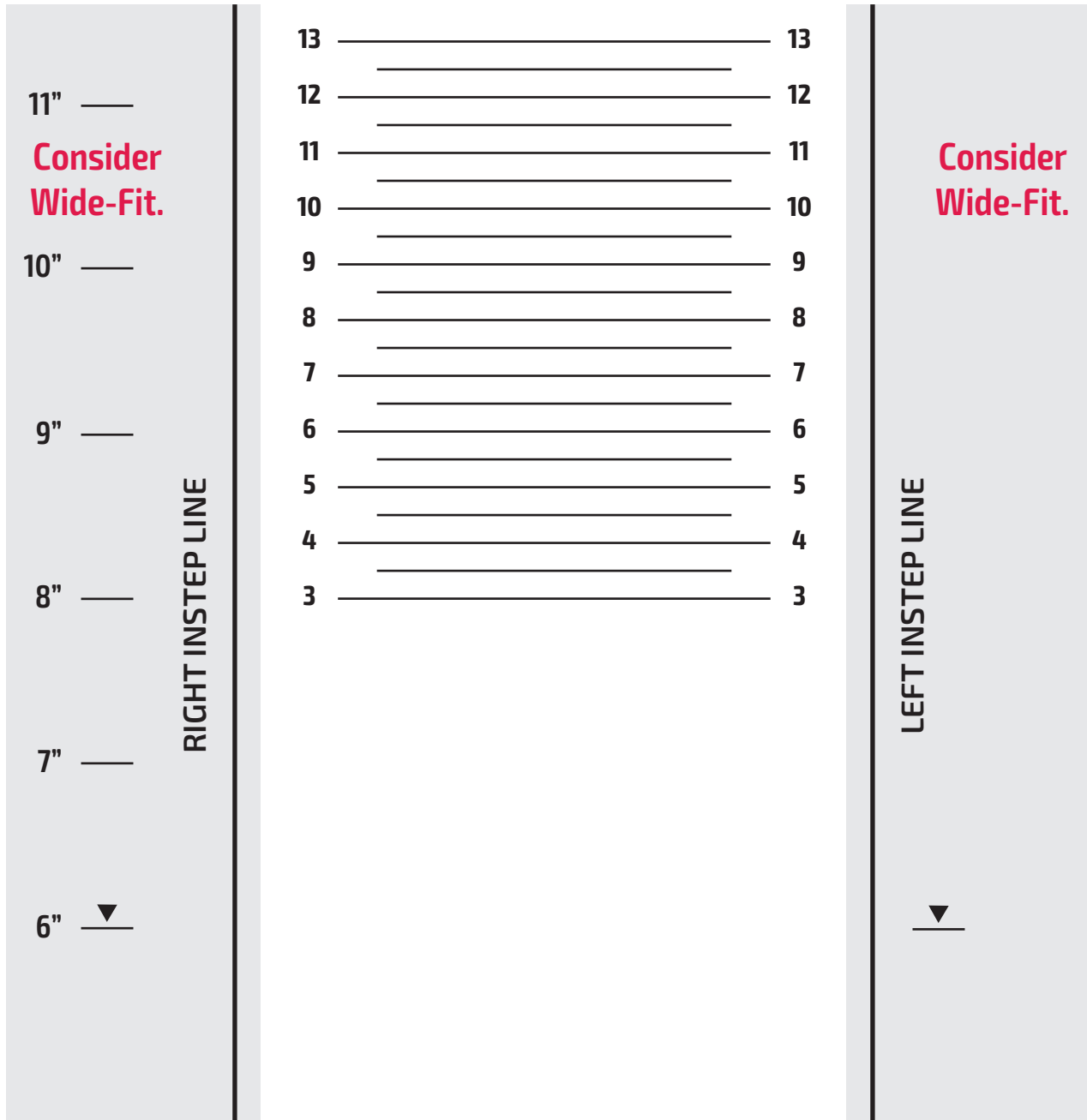


WOMEN'S FOOT SIZING CHART



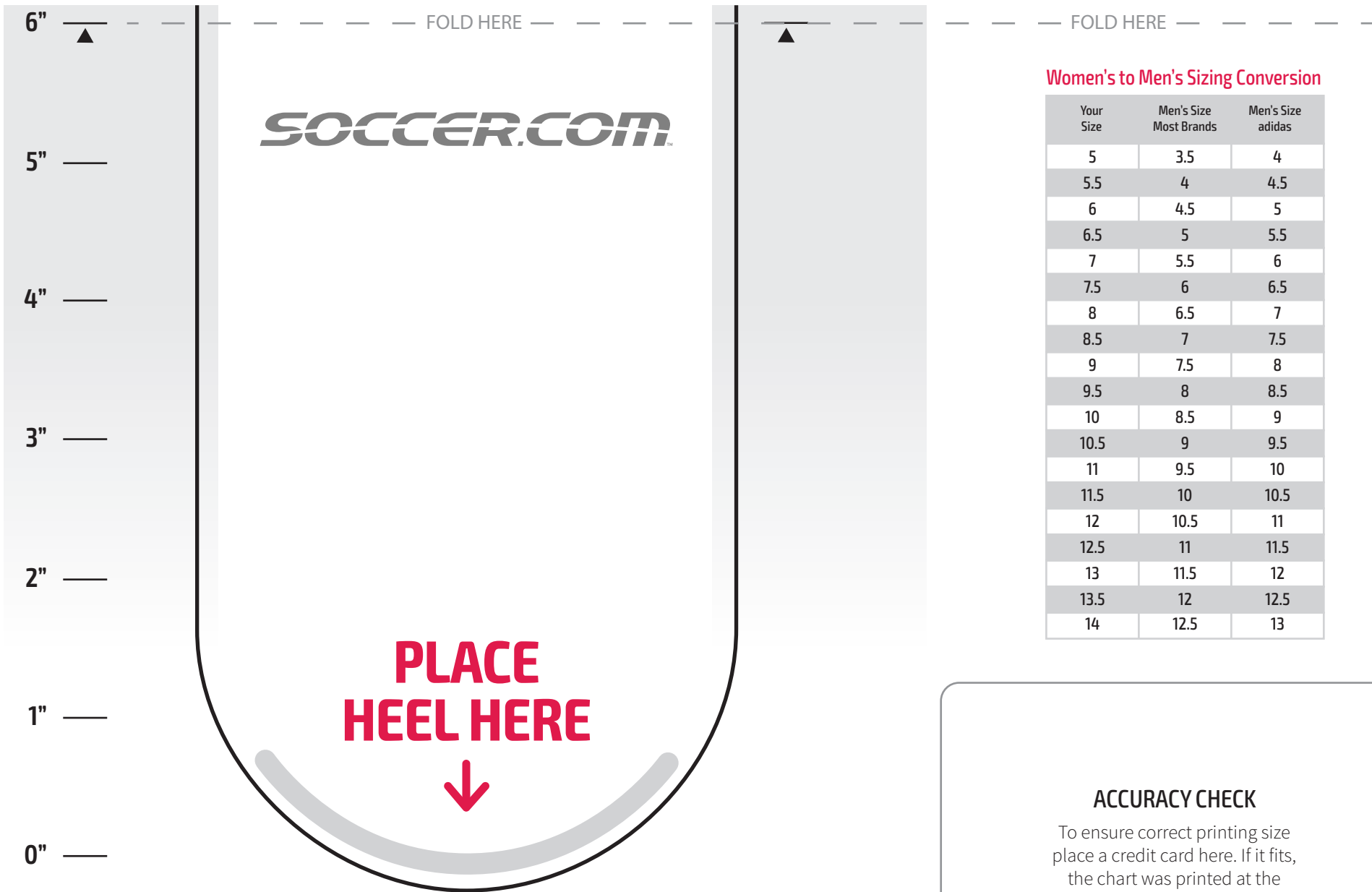
How to Find Your Size

- 1) Wear the socks you will wear with your new shoes.
- 2) Place your right foot on the diagram, and align the back of your heel on the "Place Heel Here."
- 3) With your heel in place, relax your toes.
- 4) Note the point where your longest toe intersects a line. Mark it down. The shorter lines in between the numbered lines indicate half sizes.
- 5) Change to your left foot. Align, measure and mark, just like your right foot.
- 6) Compare the two measurements. Your shoe size will be the larger of the two numbers. For example, if your right foot is a 9 and your left foot is a 9.5, you should order size 9.5.

How to Find Your Width

- 1) Place your right heel on the "Place Heel Here" on the diagram.
- 2) Align your instep (the inside of your foot) on the vertical line.
- 3) If the outside of your right foot touches the gray area, you should consider a wide-fit shoe.
- 4) Repeat with your left foot. Align your instep (the inside of your foot) on the vertical line.
- 5) If the outside of your left foot touches the gray area, you should consider a wide-fit shoe.

Find the best size and width for your foot using this simple guide. Print on 8.5" x 11" paper at 100% (full size) in landscape orientation for accuracy.



Women's to Men's Sizing Conversion

Your Size	Men's Size Most Brands	Men's Size adidas
5	3.5	4
5.5	4	4.5
6	4.5	5
6.5	5	5.5
7	5.5	6
7.5	6	6.5
8	6.5	7
8.5	7	7.5
9	7.5	8
9.5	8	8.5
10	8.5	9
10.5	9	9.5
11	9.5	10
11.5	10	10.5
12	10.5	11
12.5	11	11.5
13	11.5	12
13.5	12	12.5
14	12.5	13

ACCURACY CHECK

To ensure correct printing size place a credit card here. If it fits, the chart was printed at the correct size.